

WELCOME TO EMBODIED LEADERSHIP: DEEPENING INTO THE PATH OF LEADERSHIP

TIME

Thursday to Saturday: 9:00 AM to 6:30 PM

Sunday: 9:00 AM to 4:30 PM

MEALS

Coffee-break by mid-morning. Lunch at the hotel venue:

HOTEL FRONT MARITIM

Paseo Garcia Faria, 69-71 (an area named Diagonal Mar and with subway station Selva de Mar (L4 -Yellow colour- at 9 minutes walking distance)

<http://www.hotelfrontmaritim.com/en/>

ATTIRE

Wear casual clothing that is easy and comfortable to move in. Shoes may not be worn in the conference room, so you may want to bring a pair of warm socks.

SCENT FREE

We are committed to creating a fragrance-free space. This mean we ask all participants to refrain from wearing, bathing or washing clothes in any scented products.

REQUIRED READING / COURSE MATERIALS

Please read the articles listed on the web page before the beginning of the course.

On the first day of the conference we will provide a booklet of materials, including notepaper.

DECLARATION

Be prepared to have a declaration or commitment to use as the narrative for what you want to accomplish in this course in place before you arrive. This can be personal or professional in nature. We all live in multiple commitments.

You will want to choose one declaration to use as the background narrative for the practices during the course. It may be that your declaration extends beyond the time of the course. Please, read the paper on Declarations and if you have questions, please call Strozzi Institute at (+1)510.444.1232.

SOMATIC COACHING

Strozzi Institute offers a Somatic Coaching Package for those wishing to receive further coaching after the course or to help produce continuity between courses. The package consists of six hours of coaching for US\$1,200. SI Associates are available for sessions in person and/or by phone (probably it is going to be necessary in this case to use this technical resource).

If you are interested in working with a SI Associate, please visit SI coach directory on the website, or call to the office, and we can help match you up with the appropriate coach. This offer will increase and deepen your change, add impact to what you are learning in the Somatic Bodywork Seminar, and is an opportunity to work individually with a Somatic Coach. SI Associates have trained and Strozzi Institute for several years as well as in other modalities.

SI website has information about their associates. To make arrangements for Somatic Coaching, please call them at (+1)510.444.1232 or use the online directory.

WE LOOK FORWARD TO SEEING YOU SOON!