



We assist with the behavioral growth of individuals and organizations in conjunction with their environment

imagining and designing transformational learning experiences that allow them to develop and maximize their full potential.



Systems Coaching



We propose...

To align thoughts,
actions and emotions

Aligning them empowers people with the **consistency** needed to unleash their full potential

To improve the well-
being of body and mind

Balancing both leads to improvement in all other areas

To generate sustainable
relationships in people
and teams

Confidence promotes cooperation in a
teamwork environment

To develop an innovative
spirit and a creative
culture

New ways of thinking, to go one step **beyond**
established patterns

To build inspiring
leader-ship and an
entrepreneurial attitude

We propose leading in order to **contribute**
to the transformation of our environment

Our services are for...

People who have a deep desire to live life to the fullest.

People who work with others and who aspire to excellence in their work.

Groups that understand the value of combining wills.

Managers who realize that the art of leading is a responsibility, talent is the most valuable asset, and that the best results are achieved by working together.

Organizations based on sustainability as the engine of growth.

ORSC

Systems Coaching

Overview of Organisational and Relational Systems Coaching.

A group of people who meet for a common goal or identity is, by definition, a system. How these people are organised or what rules and structures they use to reach said goal is the visible part of the system.

Alongside building this visible side, there is another, equally important, part, one that is not going to depend so much on the rules, but rather on how they are conveyed, understood and carried out. This is the invisible information.

The Organisational and Relational Systems Coaching (ORSC) training programme provides an operating system that lets you access this “invisible” information and reveal it to the system such that business organisations, families, teams and associations of any kind can develop their full potential consistently and achieve their goals with input from all of its members..



Programa

1 — Fundamentals

This two-day course provides the theoretical foundations and some skills that will initiate you into the systematic team coaching approach.

You will learn the model that ORSC is based on. You will explore the differences between coaching an individual and a team, as well as how to coach what we call “The Third Entity” (the relationship itself).

You will gain considerable experience using systems coaching with both real and test cases in a wide variety of settings, including organisations, companies, couples and families.

You will also practise coaching skills such as first contact and alignment. This course can be taken independently and is a pre-requisite for doing the rest of the programme.

2 — Relational Intelligence

This three-day module deals with the deep processes of emotional experiences. Emotions are the currency of a relationship.

This course will introduce you to the process work of Arnold Mindell and to new skills for deploying emotional processes by working with “signals, channels and borders”.

3 — Systems Geography

In this three-day module you will explore the roles, paradoxes and diversity inherent to relationships. It deals with the structures typical of a relationship: cultural roles and influences.

Coaching the entire system geography means working creatively with external roles (operational function of the relationship), internal roles (emotional function of the relationship), secret roles (hidden personality features that can be activated in the relationship) and ghost roles (invisible presences that affect the relationship).

4 — The Path of Relationships

In this three-day module you will step back and focus subtly on the space, energy and potential of the relationship.

Novel and eclectic, it draws from quantum physics, from Joseph Campbell's work on the myth, from Taoism and from process work to radically explore the deep meaning of relationship.

5 — Systems Integration

Integration of systems coaching: the final module is intended to help you master the subject.

This advanced, three-day module gives you room to learn and integrate, where you can study more in-depth and fine tune your organisational, systems and relationship coaching skills.

Registration Enjoy a 12% discount by hiring the complete programme.

| REGISTRATION OPTIONS | | BASE PRICE | BASE PRICE (Includes discount) | TOTAL (Inc. 21% VAT.) |
|----------------------|---|------------|--------------------------------|-----------------------|
| ① | Level 1: ORSC Fundamentals | 725 € | 725,00 € | 877,25 € |
| ② ③ ④ ⑤ | Level 2: ORSC <i>Relational Intelligence Systems Geography The Path of Relationships Systems Integration</i> (contratando el pack completo, ahorrarás un 10%) | 4.940 € | 4.446 € | 5.379,66 € |
| ① ② ③ ④ ⑤ | Level 1 + Level 2 Fundamentals + Level 2 (4 courses) (contratando todo el pack conjuntamente ahorrarás un 12% todos los cursos) | 5.665 € | 4.985,20 € | 6.032,09 € |

Full programme: You can split the payment in 3 installments without losing the bonus. There will be an initial payment in which the amount corresponding to the first two modules, Fundamentals and Relational Intelligence will be paid, a second payment that will include the third module, Systems Geography and a final payment corresponding to the last two modules of the course, The Path Relationships and Systems Integration. The three payments will be made before the start of the modules.

Option course by course: You can enroll module by module at Level 2. The price of each of the four modules is 1.235€+ VAT
See website for financing terms. Arise reserves the right to change the dates, prices and locations of the courses.

Locations and schedules



ORSC Barcelona

| ① | ② | ③ | ④ | ⑤ |
|-----------------|-------------------------|-------------------|---------------------------|---------------------|
| FUNDAMENTALS | RELATIONAL INTELLIGENCE | SYSTEMS GEOGRAPHY | THE PATH OF RELATIONSHIPS | SYSTEMS INTEGRATION |
| 17/18 March '18 | | | | |
| 26/27 May '18 | 29 June/1 July '18 | 14/16 Sep. '18 | 26/28 October '18 | 30 Nov./2 Dec. '18 |
| 10/11 Nov. '18 | | | | |
| 9/10 March '19 | | | | |
| 1/2 June '19 | 27/29 Sep. '19 | 25/27 Oct. '19 | 29Nov./1Dec. '19 | 24/26 Jan. '19 |
| 23/24 Nov. '19 | | | | |

ORSC Madrid

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|-------------------|--------------|---------------|----------------|----------------|
| 9/10 June '18 | | | | |
| 27/28 October '18 | | | | |
| 2/3 March '19 | 5/7 Apr. '19 | 10/12 May '19 | 14/16 June '19 | 20/22 Sep. '19 |
| 26/27 October '19 | | | | |

Course hours are from 9:30 am to 6:30 pm, with 75 minutes for lunch. Every meal and snack is included in the registration price. The Organisational and Relational Systems Coaching™ courses offer credits in continuing coaching education (CEEU). Students who complete the five-course ORSC curriculum, from “Fundamentals” to “Systems Integration”, will receive 84 CEEUs. The full ORSC certification programme is also accredited by ICF as an ACTP programme.



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